Red light research

<https://pmc.ncbi.nlm.nih.gov/articles/PMC3288797/>

**Infrared Light Therapy Research**

**Light Therapy RESEARCH STUDIES**

\*Article titles are hyperlinked to publication for ease of reference

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**Overview**

[**The Nuts and Bolts of Low-level Laser (Light) Therapy**](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3288797/) Chung H, Dai T, Sharma SK, Huang YY, Carroll JD, Hamblin MR. The nuts and bolts of low-level laser (light) therapy. Ann Biomed Eng. 2012 Feb;40(2):516-33. doi: 10.1007/s10439-011-0454-7. Epub 2011 Nov 2. PMID: 22045511; PMCID: PMC3288797.

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[**Photobiomodulation: lasers vs. light emitting diodes?**](https://pubmed.ncbi.nlm.nih.gov/30044464/) Heiskanen V, Hamblin MR. Photobiomodulation: lasers vs. light emitting diodes? Photochem Photobiol Sci. 2018 Aug 8;17(8):1003-1017. doi: 10.1039/c8pp90049c. Erratum in: Photochem Photobiol Sci. 2018 Oct 31;18(1):259-259. PMID: 30044464; PMCID: PMC6091542.

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[**Low Level Laser Therapy for chronic knee joint pain patients**](https://pubmed.ncbi.nlm.nih.gov/25705083/) Nakamura T, Ebihara S, Ohkuni I, Izukura H, Harada T, Ushigome N, Ohshiro T, Musha Y, Takahashi H, Tsuchiya K, Kubota A. Low Level Laser Therapy for chronic knee joint pain patients. Laser Ther. 2014 Dec 27;23(4):273-7. doi: 10.5978/islsm.14-OR-21. PMID: 25705083; PMCID: PMC4331569.

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**Brain, TBI, Neurological**

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**TMJ**

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**Wound Healing**

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**Exercise Recovery | Post Workout**

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